



# WITH NICKY SERIES 1

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## EQUIPMENT ACCOMPANYING RESOURCE

1. WHAT IS UNUSUAL ABOUT THE PEGS ON NICKY'S VIOLIN?

2. HOW DOES NICKY DESCRIBE HER SEARCH FOR THE PERFECT BOW? WHAT REALISATION DID SHE HAVE?

3. WHAT DOES NICKY SHOW US, IN HER ACCESSORY COMPARTMENT, THAT YOU ALSO HAVE IN YOURS? LIST ALL YOU CAN!

- ☐ PENCILS
- ☐ SHARPIE
- ☐ MINTS
- ☐ GUM
- ☐ MILKY WAY
- ☐ OTHER

4. EXPERIMENT WITH YOUR \_\_\_\_\_ TO GET THE MAXIMUM \_\_\_\_\_.

5. BE METHODICAL, AND GIVE IT \_\_\_\_\_ TO SEE IF IT IS RIGHT FOR YOU.

6. BE INTELLIGENT AND \_\_\_\_\_, BUT DON'T OBSESS.

7. FOCUS ON YOUR \_\_\_\_\_ AND \_\_\_\_\_ WELL BEING WHEN YOU PRACTICE.